

Family Service & Resource Program

Information & Referral

(Montgomery & Lowndes)

Consumers are provided with information about community resources and services, including those providing food, clothing, counseling, shelters/housing, domestic violence assistance, child abuse and neglect prevention/reporting, drug treatment, education, and health concerns.

Intake & Assessment

(Montgomery & Lowndes)

Consumers receive assistance in determining the family strengths and the service(s) that would benefit the family most. This is a comprehensive assessment that empowers families to access services that will meet their needs.

Case Management

(Montgomery & Lowndes)

The Family Advocacy Program is a partnership between the family and case worker where family strengths and needs are identified, specific goals are established, and action steps are outlined. The family is provided with information, referrals, on-site service(s), and support. The family meets with the case worker periodically to evaluate their progress. Meetings take place on-site, at the family's home, or at a central location.

Family Rebuilding Advocacy offers case management services, including the assessment of strengths and needs and the development of a goal plan and action steps, for hurricane evacuees.

Parenting

Building Healthy Homes (Montgomery) is a home-visitation program for parents of children, birth-5 years of age. Based on the Parents As Teachers curriculum, the program offers a fun, interactive way for parents to learn about and assist

with their child's development. This program utilizes the Milestone Developmental Screening.

Healthy Parenting (Montgomery) is a seven-week class offered for parents who have no history of child abuse but have a desire to improve their parenting skills or who have been identified as ineffective parents. This program provides vital services towards the prevention of child abuse and neglect by providing education, training, and support to parents.

PALS (Parenting And Life Skills) (Montgomery) is an in-home, front-end, intensive intervention program designed to address the parenting education and life skill needs of at-risk families. It is designed to increase child safety in the home and to prevent the need for children to enter the State's system of care.

Parent Project (Lowndes County) is offered to parents of strong-willed teens and adolescents during an eight-week period.

Teen Services

Youth Connection (Montgomery) provides vital services directed towards the prevention of child abuse and neglect by providing education, training, and support to teens, ages 12-16, and their parents. This eight-week program promotes non-abusive behavior in parents and youth by offering training and opportunities for character development and use of effective life skills. Small groups of youth come together each week to discuss, plan, and work through pertinent issues that affect their lives. Groups utilize the Life Skills Training curriculum.

Parent Project (Lowndes County) is offered to parents of strong-willed teens and adolescents during an eight-week period.

Employment

(Montgomery)

The Virtual Work and Career Service offers services for individuals seeking computer skills and employment. Virtual Work Center is an employment-readiness program to help meet families' employment and career goals. It is a high-intensity program designed to provide a hands-on, simulated office experience to those who have little or no work experience, or who want to learn new skills for a change in careers. The 10-week, 8:30-12:30, Monday-Thursday curriculum covers employment essentials including office machines, basic computer skills, communication skills, and time management.

Career Development is a service available to individuals seeking one-on-one assistance in preparing resumes, enhancing interview skills, and performing job searches.

Computer Classes are offered Tuesday and Thursday evenings, 6:00-8:00. Topics include: Introduction to Windows, Using the Internet, Microsoft Work, Excel, and Power Point.

Emergency Services

Traveler's Aid (Montgomery) offers transportation assistance to individuals and families who find themselves stranded in the Montgomery area. Bus tickets and gas vouchers are provided to eligible consumers so that they may safely reach their destinations.

Concrete Services (Montgomery & Lowndes) include food and clothing for individuals needing assistance.

A Family Resource Center

Family Service & Resource Program

Safe Place (Montgomery) for runaways, victims of domestic violence, and homeless individuals. Staff assist with these situations by coordinating resources, locating shelter, and accessing crisis counseling

Community Services

(Montgomery)

Weed & Seed is designed to link a disadvantaged community with resources so as to remove barriers and build bridges to self-sufficiency. Assistance is provided in the areas of job training, employment, and substance abuse treatment.

Adult Education (Montgomery) - Basic education and GED readiness for individuals 18 or older. Classes meet Tuesdays and Thursdays, 5:30-7:30.

Collaborative Programs Offered by Other Agencies

Money Management (Montgomery) - Consumer Credit Counseling is available by appointment for individuals and couples who are seeking information about credit, budgeting, savings, and other money matters.

Sickle Cell (Lowndes) - Offers testing and consultation.

Alzheimer's Association (Montgomery) - Support groups for caregivers, memory screenings, Project Lifesaver, annual memory walk, and statewide conference.

Alcoholics Anonymous/Narcotics Anonymous (Lowndes) - On-site group meetings to address AA/NA issues.

Adult Mentoring (Montgomery & Lowndes) - Family Coaches Program is a mentoring program for welfare recipients and low-income individuals seeking guidance and support as they strive to become more self-sufficient.

Life Skills (Montgomery) - Training topics include Domestic Violence, Anger Management (Montgomery & Lowndes County), Conflict Resolution, Self-Esteem, Child Care Options, Nutrition, Communication Skills, Stress and Children, and Right from Birth.

New Leaf (Lowndes County) offers nutrition and healthy living classes to high-risk or overweight adults. This includes an on-site exercise room with assorted fitness equipment.

Dignity U Wear (Montgomery & Lowndes) - New clothing received from Stein Mart and other department stores is provided to eligible adults and children three times per year.

Counseling (Montgomery & Lowndes) - Individual and family counseling services are available through a partnership with the Family Guidance Center clinical division.

Technology Room (Montgomery & Lowndes) - Computers with internet capability available to families on a walk-in basis.

Healthy Relationships (Montgomery) - Individual and couple training that promotes healthy communication and relationships.

Community Outreach

Committee Membership

- Alabama Network of Family Resource Centers
- Lowndes County Children's Policy Council
- Montgomery County Children's Policy Council
- Governor's Task Force on Strengthening Alabama Families
- Alliance for Children & Families
- Council on Accreditation
- Jubilee Center Board of Directors
- United Way Ambassador Committee
- Born Learning Committee - River Region United Way
- STAR Advisory Council - Alabama Dept. of Rehabilitation Services
- Ms. Wheelchair America Alabama Board
- Mid-Alabama Coalition for the Homeless
- Montgomery Area Food Bank - Agency Representative Planning Committee
- United Way's Emergency Food & Shelter Board
- Community Action Agency
- Career Center Advisory Board
- ACTS Faith Based Alliance
- Christmas Clearinghouse Committee
- Gift of Life Service Provider Coalition
- United VOICES
- Council on Substance Abuse/NCADD's Health Fair Committee
- Kids and Kin Advisory Committee
- Lowndes County DHR QA Team
- Lowndes County DHR Multi-Needs Team
- Lowndes County Youth Sports
- Lowndes County Inter-Agency Council
- Lowndes County Health Fair Planning Council
- Weed & Seed Community Policing Committee

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