

Sylacauga Alliance for Family Enhancements - Services Matrix

Adult Education

The Adult Education Program is administered through Central Alabama Community College/Coosa Valley Adult Education Childersburg Campus. This program enrolls individuals 16 years and older who are not currently enrolled in a secondary school-public, private, etc. Participants may choose to attend a morning or evening class. The AE class is designed for individualized instruction and learning with constant supervision and help as needed.

After School Programs

BRIDGES

The BRIDGES program provides youth development activities to youngsters ages 8-14 (Grades 4th-8th). As a primary prevention program, it is designed to equip youth and families with the resiliency skills to make healthy life choices while providing safe, quality, after hours a day care for 40 youngsters.

BRIDGES, Too

The BRIDGES, Too program is open four days a week as an extension site of the BRIDGES program.

Comer BRIDGES

The COMER BRIDGES Program is an after hours program that offers students that are in grades 6th-8th the opportunity to provide academic enrichment, youth development, and recreation in a safe structured environment.

Nichols-Lawson Saturday School

The Nichols-Lawson Saturday School program provides a safe after school environment for students in grades 6th-8th. The Saturday school program provides the opportunity to provide academic enrichment, youth development and recreation in a safe structured environment.

Case Management

Case management involves a variety of activities and services. Case management also includes: advocating for families in accessing resources; making appropriate referrals to other service providers in such a way that reasons for referral are defined and expectations are clear; and the practice of identifying or addressing systemic barriers to accessing needed services. This involves a case file for each family that includes documentation of ongoing contact, goal identification, child/family safety assessment, documented goal ratings by families, assignment of a staff person to coordinate services with the family, and adherence to written procedures for case closure.

Counseling Services

SAFE has the ability to access services for family members for diagnosis and/or treatment of potential mental health disorders. SAFE has developed a plan to link families counseling needs with the Cheaha Mental Health Center for services that are non-sectarian, confidential, available to families who are unable to pay for such services,

CRIB

The (CRIB) Child Resiliency Interactive Bonding is a primary prevention program that promotes parent/child bonding while deterring child abuse and neglect; that will include pre-natal and post-natal hospital visits and in-home follow-up visits to parents of infants 0-6 weeks of age.

Door-To-Door Parenting

A 10 week parenting curriculum that will be utilized to provide an in-home parenting program to 15 child welfare families of children ages 8-17 years of age that gives parents the knowledge and skills needed to guide their children through adolescence in an effort to strengthen and clarify family expectations for behavior, enhance the conditions that promote bonding in the family and teach skills to parents and children that allow children to meet the expectations of their family.

Family Connections

To help mothers and fathers learn about building healthy relationships with each other and their children through a series of interactive educational experiences. The purpose of the program is to equip mothers and fathers with skills for making healthy decisions and to explore future options for their relationship together.

Fatherhood

The Fatherhood program will serve participants either individually or in small groups for 10-week sessions. Participants will attend 2-3 hour parenting workshops every week with supportive services such as case management and workforce development activities scheduled on an individualized basis.

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HIPPY

A primary prevention program, (HIPPY) Home Instruction for Parents of Preschool Youngsters is provided to target families of three, four, and five year olds designed to ensure and strengthen family bonding, enhance school readiness, and empower parents to improve the quality of life within their families.

Even Start

The Sylacauga City Schools in partnership with the Sylacauga Alliance for Family Enhancement, Inc. SAFE Family Services Center will provide a comprehensive, community based family literacy program to target 25 families of three, four, and five year olds.

Family Literacy

Family Literacy will provide the Parental Enhancement Project (PEP) to 100 families of three, four, and five year olds that reside in Talladega and Coosa counties and are enrolled in the TCRCC Child Care Corporation administered pre-K initiative, child development centers, Head Start programs, and those public school five year old kindergarten classrooms in the geographic area.

Prevention Partners

A coalition of community partners across Talladega County who embrace a shared vision predicated on family support principles through the coordination and integration of services. This coalition focuses on issues related to the prevention of substance abuse for youth of south Talladega County and

utilizes the framework of *America's Promise – An Alliance for Youth*.

Reality Work Center

The Reality Work Center provides instruction to participants in the areas of work maturity, pre-employment skills, literacy skills, and computer skills. The program provides training and preliminary job placement for 50 participants for the purpose of preparing them to move towards self-sustaining employment and self-sufficiency.

SAFE Latino

The coalition brings a group of interested agencies and individuals together to address the needs of the Hispanic community.

Senior Rx / Pharmaceutical Access Program

The Senior Rx program provides application and enrollment assistance to Medicare recipients choosing a Part D prescription benefit. Qualified individuals of all ages are additionally assisted in accessing free or reduced price medications through the pharmaceutical access programs.

SPOT - Sylacauga's Public On-Time Transportation

Public transportation is available to residents of Sylacauga and the surrounding areas. The purpose is to enhance access of individuals in non-urbanized areas to health care, shopping, education, employment, public services, and recreation; and to bring affordable transportation to all persons in the community.

Sylacauga's Promise

Sylacauga's Promise is a part of Alabama's and America's Promise. Through this, Sylacauga acts on its promise to put children first. We must provide all Sylacauga's children with the minimum requirements they need to grow up to be confident, self-reliant, and contributing members of our community. In launching Sylacauga's Promise, we commit to mobilizing our community in support of children and youth, by creating an atmosphere to provide all five promises to every child.

Turning Point

Turning Point is a ten-week parent/youth training that provides an effective after-school, in-home intervention/prevention program that is designed specifically for families of strong-willed and/or out of control youth between the ages of (12-18). The curriculum teaches concrete identification, prevention, and intervention strategies for the most destructive of adolescent behaviors (poor school attendance and performance, alcohol and other drug use, gangs, runaways, and violent teens).

Volunteers

Through the volunteer program at SAFE, high school students, adults, and families have the opportunities to enrich the lives of people in the community, as well as their own lives through volunteering. Additionally, the agency is enriched by being able to offer more services through the assistance of volunteers.

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